



Appendix 2.4 – Creating an Introduction

Recommended Grades: 9–12

Time: 20–30 Minutes

Curriculum Connections: Grades 9–12 English, First Nations, Métis, and Inuit Studies (where applicable)

Materials

- YouTube Video: How I Introduce Myself Says a Lot About My First Nation
 - This can be found in the NCAM YouTube Playlist.
- Lined paper
- Pencils
- Device(s) with internet access

Instructions

1. Introduce the idea that people may choose to introduce themselves in different ways depending on their culture, community, experiences, and relationships.
2. Show the video How I Introduce Myself Says a Lot About My First Nation.
3. Ask students to reflect on how they typically introduce themselves to others.
4. Distribute lined paper and invite students to privately respond to the reflection questions below.



Appendix 2.4 – Creating an Introduction

Instructions (Continued)

5. Remind students that they may choose how much personal information they wish to share.
6. If appropriate, invite students to share portions of their reflections with a partner, small group, or the class.

Reflection Questions

- What is my name?
- Do I know what my name means? If not, can I find out?
- Why was my name chosen?
- Where was I born?
- Where do I live now?
- What roles do I fill in my community (e.g., friend, sibling, teammate, neighbour, volunteer, artist, etc.)?
- What information do I choose to share when introducing myself?
- What information helps others understand who I am?

Extension

Invite students to use their reflections to draft a personal introduction that highlights the relationships, places, and experiences that are meaningful to them.